

No Cost Income Stream Blueprint

Part 79: Traffic - RSS Submissions

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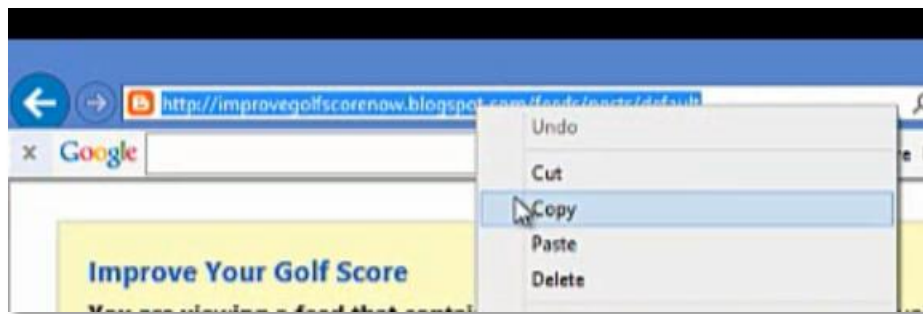
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In this lesson, I am going to show you how to submit your content through RSS directories. RSS stands for Real Simple Syndication. It is another way that websites can talk to search engines to let them know about updates with your fresh content. I want to show you how to get some of your content posted to RSS directories.

If you are using a blog platform such as www.blogger.com or from www.wix.com, you will usually have an RSS feed option. For Blogger.com, it is found at the very bottom and you will click on Post Atom and it will open up a new window. It may be an orange button on some sites. It will depend on the site.



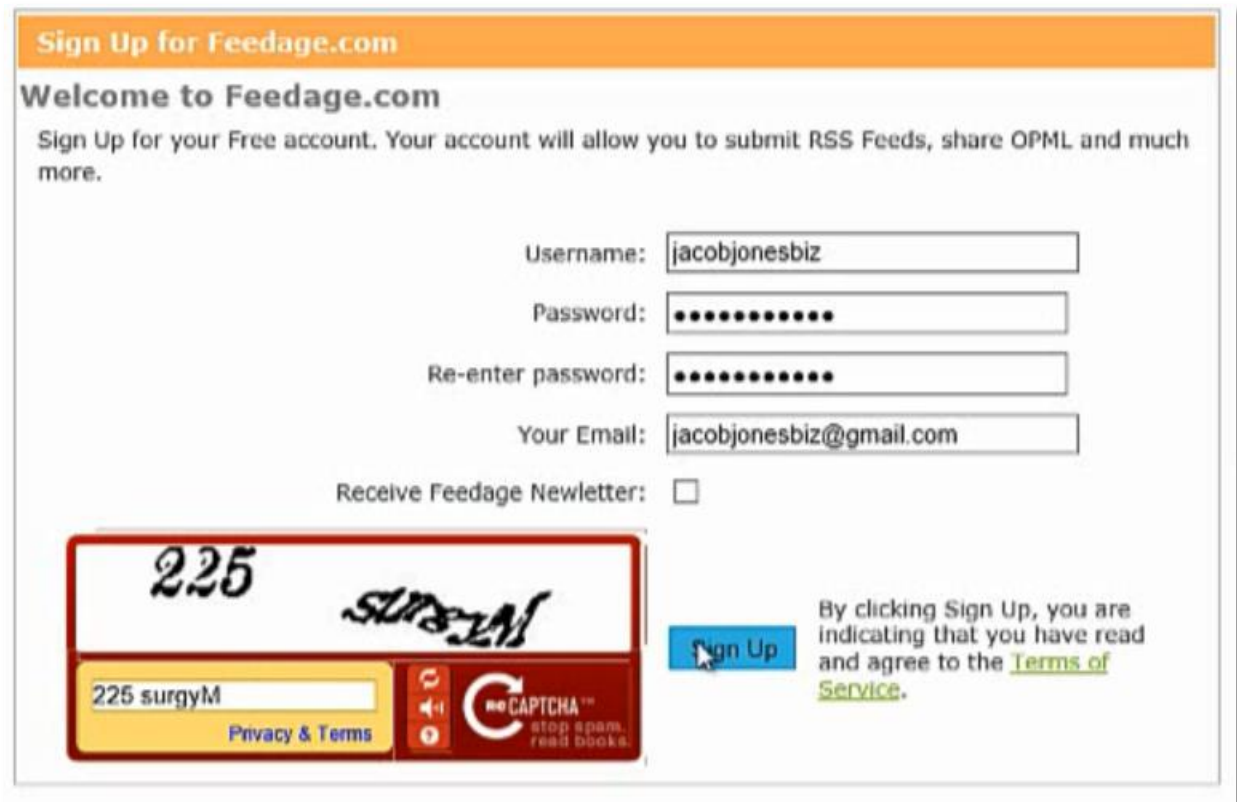
The RSS feed link will be provided. Right click it and copy.



Go to www.feedage.com and click Submit a Feed.



It is going to ask you to sign up. Complete that process with a username and password set up. Enter your email address and choose if you would like to get their newsletter or not. Complete the CAPTCHA form.



Sign Up for Feedage.com

Welcome to Feedage.com

Sign Up for your Free account. Your account will allow you to submit RSS Feeds, share OPML and much more.

Username:

Password:

Re-enter password:

Your Email:

Receive Feedage Newsletter: ☐

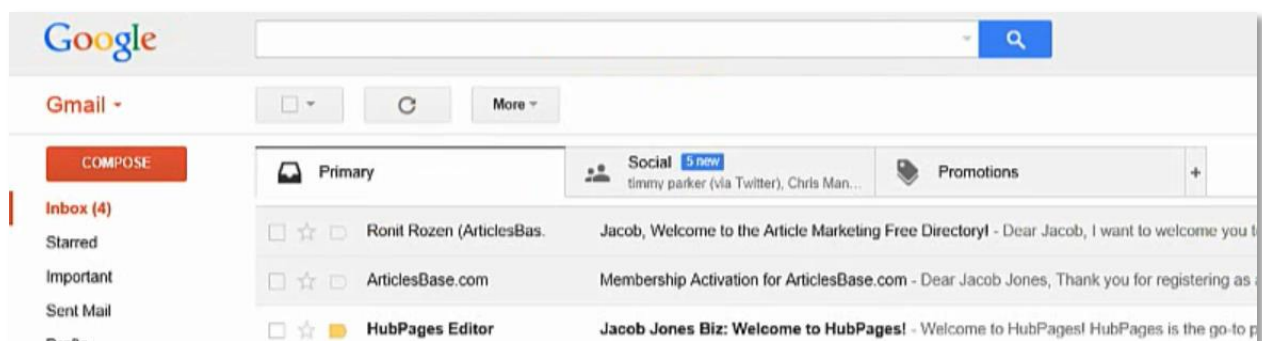
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[Privacy & Terms](#)

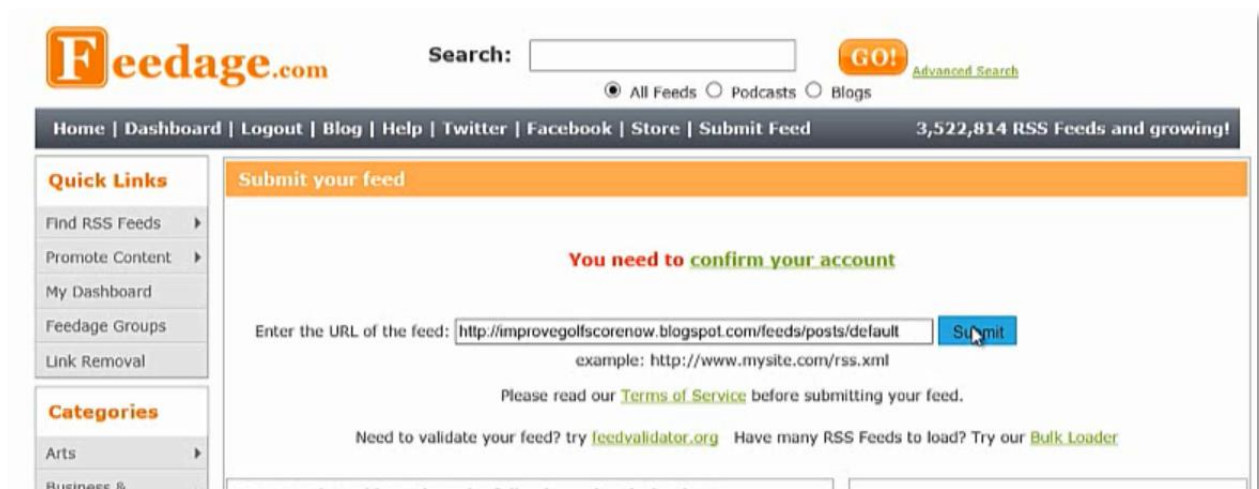
reCAPTCHA™
stop spam.
read books.

By clicking Sign Up, you are indicating that you have read and agree to the [Terms of Service](#).

Next, go to your email so you can confirm and validate your account.



Submit your Feed is where you will enter your RSS feed link that you got from your blogger site. Paste it and click Submit. That will take it all through the process for your content to be submitted to www.feedage.com. What happens is the next time you write a new blog post, it will automatically posted to the various RSS directories. That will get you faster rankings in the search engines and more traffic.



The screenshot shows the Feedage.com website interface. At the top, there is a search bar with a 'GO!' button and a link to 'Advanced Search'. Below the search bar is a navigation menu with links: Home, Dashboard, Logout, Blog, Help, Twitter, Facebook, Store, and Submit Feed. A counter indicates '3,522,814 RSS Feeds and growing!'. On the left side, there are 'Quick Links' (Find RSS Feeds, Promote Content, My Dashboard, Feedage Groups, Link Removal) and 'Categories' (Arts, Business & Finance, etc.). The main content area is titled 'Submit your feed' and contains a message: 'You need to confirm your account'. Below this, there is a form to 'Enter the URL of the feed:' with a text input field containing 'http://improvegolfscorenow.blogspot.com/feeds/posts/default' and a 'Submit' button. An example URL is provided: 'example: http://www.mysite.com/rss.xml'. Below the form, there is a link to 'Terms of Service' and a note: 'Please read our Terms of Service before submitting your feed.' At the bottom, there are links for 'Need to validate your feed? try feedvalidator.org' and 'Have many RSS Feeds to load? Try our Bulk Loader'.

I recommend that you do a Google search and find some of the top RSS feeds that you can do with in.




The screenshot shows a Google search results page. The Google logo is at the top. Below it, the search query 'submit rss feeds' is entered in the search bar. The search results show four suggestions: 'submit rss feed', 'submit rss feed to itunes', and 'submit rss feed to google'.

One of them that you can try is www.blogdigger.com. Some of them may have changed or no longer be offered. You want to use free sites and you want to make sure you know what they offer before you sign up.




Another one to look at is <http://feedshark.brainbliss.com/>.



Feed Shark

Now Improved Version™

» Over 22,771,279 pings and counting...



BrainBliss
Creation

Ping your blog, feed, or podcast for free!

Feed Shark is a free online tool that easily promotes your blog or website - with the simple push of a button! Feed Shark pings a variety of services to notify the world that your blog, website, RSS feed, or podcast has recently been updated or created! It takes less than a minute to use Feed Shark and saves you countless hours of time in the process! Enjoy our service and have fun!

Step 1...
Enter your details:

Blog Title:
Improve Your Golf Score


Blog URL:
<http://improvegolfscorenow.blogspot.com/> ×

RSS URL (optional):
<http://improvegolfscorenow.blogspot.com/feed>

Podcast URL (optional):
<http://>

Step 2...
Choose & submit:

The set up for an account is basically the same with all of them. Then you need to follow the directions for where to paste your URL.



Feed Shark

Now Improved Version™

Step 3...

Add the following code to your blog or website to help track your submission.
It's simple. Create a new blog post and copy/paste the code to your new post.

```
<a href="http://www.hyperamash.com/dreamhost/" id="gj059">Dreamhost Coupon</a>
```

[Highlight code](#)

[Click here to ping another site](#)

Almost all of them have a CAPTCHA form to verify you are a human. Then you need to validate the link that is sent to your email.

Watch your submission status here:

Enter the number below:

9 6 1 7 9617 G

☒ I have read, understand, and agree to the [Terms of service](#)

Ping my blog! Chomp Chomp

You get the idea of what you need to do. There are plenty of RSS feed submission sites that you can sign up for.

Special Bonuses:

1) How to build a real Internet business (Thousands of people have taken this free course and succeeded!)

[Click Here to Get Your FREE Bonus Lessons](#) (\$197.00+ Value)

2) \$100/Day Complete Video Series for FREE - [Click here](#)

3) FULL TIME Income from PLR - FREE download - [Click here](#)

Resources for you:

1) [Coaching for Success Online](#) – Coaching from three real-life marketers, and the reseller content for you to start selling right away!

2) [Domain registration](#)

3) [Web Hosting](#)

Coupon Codes:

TAKE25PERCENT (25% off your entire first bill. Hint: prepay for a year or two and lock in the savings!)

HOSTINGSECRET (\$9.94 off)

REALRESELLER (\$24.94 off reseller account)

4) [AWeber List Hosting/Management](#)

(The paid hosting options are not required for this No Cost Income Stream method, but if you can afford it they are highly recommended for the long term success of your business.)

5) [Push Button Marketer](#) - Automates tasks like email, writing, creating websites, checking stats, blogging, website maintenance, posting ads, research, product reviews, and so much more.

Recommended Websites:

Eric Holmlund – www.EricsTips.com

Paul Counts – www.PaulCounts.com

Jeff Wellman – www.IMSuccessTips.com